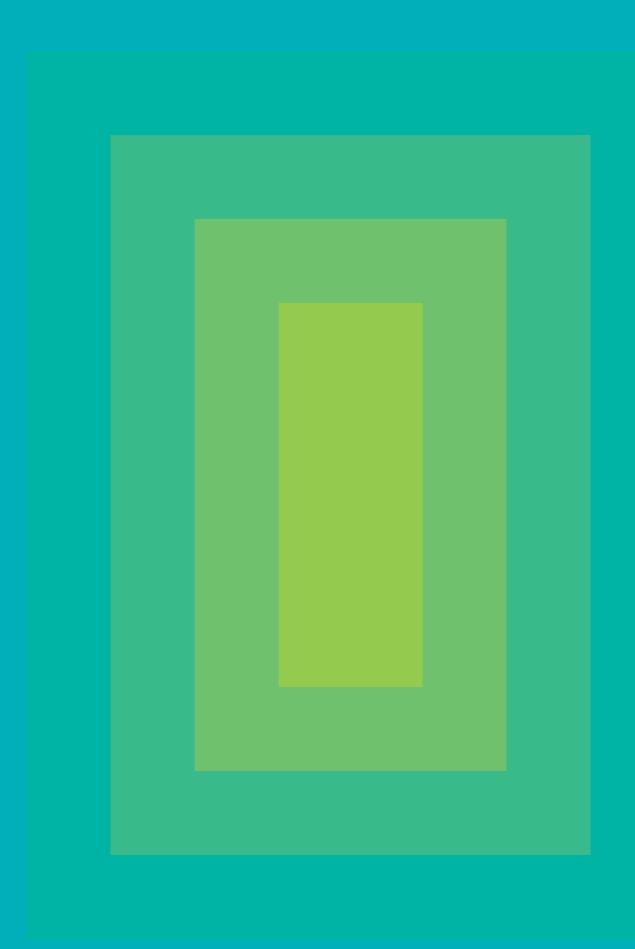




Brighthouse SmartCare®

Pre-Qualification Guide







Pre-Qualification Guide

This pre-qualification guide helps identify who may be a good candidate for Brighthouse SmartCare®, a hybrid life insurance and long-term care policy.

The following steps should be taken to effectively evaluate the insurability of a proposed insured for Brighthouse SmartCare:

- · Evaluate the general application restrictions, conditions, and medications in this guide
- Refer to the height and weight guide on page 17
- Utilize Spectra if the proposed insured has a medical condition or takes medication that isn't mentioned within this guide
- Email the Office of the Chief Underwriter if specific questions remain considering the potential qualification of the proposed insured (see the last page for a list of inquiry topics)

General Application Restrictions

Assistance with daily living, residential status, receipt of benefits, and driving history and restrictions should be evaluated prior to application. The proposed insured will be uninsurable if any of the following apply:

- Any medical condition that has restricted mobility or impacts any of the six activities of daily living (bathing, continence, dressing, eating, toileting, transferring)
- Currently receiving home health care from a professionally licensed medical care provider or unlicensed care provider
- · Currently receiving inpatient or outpatient services, adult day care, or hospice care
- · Disabled or unable to work or live independently
- · Resident in a nursing home or adult group home
- In receipt of or in the application process for Social Security Disability Insurance (SSDI), private disability benefits, long-term care (LTC) benefits, or Medicaid
- Currently hospitalized or incarcerated
- Issued a disabled parking permit for more than 90 calendar days and/or their ability to drive is restricted due to a medical reason
- · One or more DUI convictions within the past 5 years
- · Multiple DUI convictions
- · Power of attorney (POA) in effect for medical reasons



The proposed insured is uninsurable if they use any of the following assistive devices:

- · Chair lift
- Feeding tube
- Implantable stimulator
- · Indwelling catheter
- Long leg braces
- · Supplemental oxygen
- · Walker or cane
- · Wheelchair or electric scooter

The proposed insured is uninsurable if their general medical care includes any of the following:

- Ages 60-69 and their last comprehensive physical was over 2 years ago¹
- Ages 70 and older and their last comprehensive physical was over 1 year ago¹
- · Pending referral or diagnostic evaluation for an unknown condition
- Pending surgery²
- Surgery has been recommended but not performed

Requirements differ for U.S. citizens residing abroad. Some proposed insureds who are ages 60-69 may qualify for an older age paramedical examination in lieu of established care.

² See page 13 for a list of common pending and recent surgeries that are generally acceptable without a waiting period.

Conditions and Guidance

This is not a comprehensive list of medical conditions and medications that will disqualify a proposed insured for coverage.

Autoimmune, Immune, and Rheumatological

Uninsurable conditions:

- AIDS or AIDS-related complex (ARC)
- Antiphospholipid syndrome (APS)
- Autoimmune hepatitis
- Dermatomyositis
- HIV+ (state variations apply)
- Immunoglobulin deficiency syndrome
- Lupus (SLE)

- · Polymyositis
- · Scleroderma
- · Selective IgD deficiency
- Wegener's granulomatosis (vasculitis)

Conditions that require daily steroids, intravenous immunoglobulin (IVIG), or bone marrow transplant therapy will not be insurable.

Condition	Minimum Remission Period ³	Guidelines for Consideration	
Mixed Connective Tissue Disease	3 years	In remission only	
Myasthenia Gravis	3 years	No immunosuppressants; no visual limitations or difficulty breathing	
Psoriatic Arthritis	_	Mild or moderate only	
Rheumatoid Arthritis	_	Mild or moderate only; treatment with no more than 1 biologic or immunosuppressive	
Sjögren's Disease	2 years	No immunosuppressants	

³ All signs and symptoms of the condition have disappeared.

Blood Disorders

- Amyloidosis
- Any blood disorder requiring blood transfusions, bone marrow transplant, or stem cell transplant
- · Aplastic anemia
- Gaucher disease
- Hemophilia
- · Langerhans cell histiocytosis
- Myelofibrosis

- Porphyria
- · Sickle cell disease
- · Thalassemia major
- · Von Willebrand disease

Condition	Minimum Waiting Period	No more than 2 DVTs; no tobacco use; compliant with anticoagulant therapy if prescribed	
Deep Vein Thrombosis (DVT)	6 months		
Hemochromatosis	-	Compliant with phlebotomy; normal liver functions; no diabetes	
MGUS	3 years	Diagnosed at age 50 or older; no anemia; no hypercalcemia; no renal insufficiency; follow-up labs completed within the past 12 months	
Polycythemia	2 years	No diabetes; no tobacco use; follow-up labs completed within the past 12 months	
Pulmonary Embolism	12 months	No tobacco use; compliant with anticoagulant therapy if prescribed	

Brain and Neurological

Uninsurable conditions:

- · ALS
- · Any cognitive disorder, including Alzheimer's disease, dementia, or memory loss
- Cerebral palsy
- · Demyelinating disease
- · Down syndrome
- · Fragile X syndrome
- · Huntington's disease
- · Hydrocephalus

Chronic Pain

Mini-Stroke

- · Idiopathic intracranial hypertension (IIH)
- Intellectual disability⁴
- · Ischemic optic neuropathy
- Motor neuron diseases
- Multiple sclerosis (MS)
- Muscular dystrophy (MD)
- · Neurofibromatosis
- Neurogenic bladder
- · Paralysis (all types)

- · Parkinson's disease
- Progressive bulbar palsy
- Spinal muscular atrophy
- · Spinocerebellar ataxia
- Stroke
- Syringobulbia
- Syringomyelia
- · Tubular sclerosis
- · Venous angioma

No treatment with narcotics, opioids, or implantable

Condition	Minimum Waiting Period	Guidelines for Consideration
Brain Aneurysm	12 months	Surgically repaired; complete recovery; no residual impairment

nerve stimulators Seizures 12 months No more than 1 seizure per year **Transient Ischemic** 2 years Single TIA/mini-stroke only; no tobacco use; Attack (TIA) / no residual impairment

⁴ State variations apply.

Cancer and Malignancies

- Diagnosed with any of the following cancers: bone, bone marrow, brain, ear, esophageal, eye, leukemia (CML/ALL), liver, lung, myeloma, myelofibrosis, pancreatic, or spinal cord
- · Received a bone marrow transplant or immunotherapy within the past 10 years
- Currently undergoing any treatment for cancer
- · A history of any cancer more than once
- Cancer that has spread to the lymph nodes or another part of the body
- High-stage cancer (stage 3 or 4)
- Any cancer associated with a genetic cancer syndrome such as Lynch syndrome, Gardner syndrome, or familial adenomatous polyposis (FAP)
- Bladder or renal cancer of any stage with continued tobacco use
- Any cancer history where the proposed insured is not compliant with medical treatment recommendations and follow-up

Type of Cancer	Minimum Waiting Period (following completion of treatment) ⁵	Guidelines for Consideration
Breast Cancer	12 months	Tumor excised; no active surveillance
Colon Cancer	6 months	Must have a recent normal colonoscopy
Hodgkin Lymphoma	6 years	_
Kidney Cancer	6 years	No tobacco use
Leukemia	12 months	CLL or hairy cell only; currently age 61 or older
Melanoma	6 months	No melanomas stage 2 or higher; single instance unless in situ
Non-Hodgkin Lymphoma	10 years	Currently age 61 or older
Ovarian Cancer	5 years	-
Prostate Cancer (active surveillance)	6 months	Currently age 50 or older; prostate-specific antigen (PSA) under 10
Prostate Cancer (treatment completed)	6 months	Current PSA undetectable
Uterine Cancer	Stage 0 and 1: 2 years Stage 2: 10 or more years	-

⁵ Not applicable to prostate cancer with active surveillance.

Cardiovascular

Uninsurable conditions:

- Buerger's disease
- Cervical artery dissection
- Conditions treated with an implanted defibrillator
- Coronary artery anomalies
- Heart enlargement
- Heart failure
- Heart transplant
- Ischemic optic neuropathy
- Pulmonary hypertension
- Stroke
- · Subclavian steal syndrome
- · Ventricular arrythmias
- Vertebrobasilar insufficiency

Conditions where the proposed insured is also a diabetic, symptomatic (e.g., shortness of breath, reduced exercise tolerance, angina), or has abnormal cardiac or circulatory diagnostic testing that is being evaluated will not be insurable.

Condition	Minimum Waiting Period	Guidelines for Consideration	
Angina	6 months	Asymptomatic at the time of application	
Aortic Aneurysm	12 months	Single aneurysm; currently age 65 or older; current diagnostics (within the past 12 months) demonstrating stability	
Atrial Fibrillation	6 months with cardioversion	Stable; no concurrent diagnosis of CAD, cardiomyopathy, heart valve disorder, sleep apnea, or TIA	
Cardiomyopathy	3 years	Resolved; current echocardiogram (within the past 12 months) normal; no dilated, hypertrophic, or restrictive cardiomyopathy	
Carotid Artery Disease	6 months with carotid surgery	_	
Coronary Artery Disease	12 months with bypass surgery 6 months with stent(s)	Diagnosed after age 35; blood pressure must be well controlled; no tobacco use	
Heart Attack (myocardial infarction)	12 months	No current angina; no more than 1 heart attack; no tobacco use	
Heart Valve Disease (no surgery)	_	Mild only	
Heart Valve Repair/ Replacement	12 months for mitral valve 6 months for other valves	Asymptomatic without significant residual valve disease	
Pacemaker	6 months	No sick sinus syndrome; no carotid sinus hypersensitivity; underlying condition controlled	
Peripheral Vascular Disease	-	No tobacco use; no diabetes; no mobility limitations; mild disease only	

Diabetes

Uninsurable conditions:

Diabetics who use tobacco, require insulin, or have comorbid conditions (e.g., chronic kidney disease, coronary artery disease, kidney-pancreas transplant, peripheral vascular disease, significant obesity, TIA) will not be insurable.

Condition Guidelines for Consideration

Type 2 Diabetes A1c under 10; no neuropathy, retinopathy, nephropathy, ulcerations/nonhealing wounds, or amputations; no tobacco use

Gastrointestinal

- Any gastrointestinal organ transplant
- Ascites
- Autoimmune hepatitis
- · Chronic pancreatitis
- Cirrhosis
- · Dumping syndrome
- · Esophageal varices

- Familial adenomatous polyposis (FAP)
- · Gardner syndrome
- Intestinal ischemia
- · Liver fibrosis
- Liver transplant
- · Lynch syndrome
- Malabsorption syndrome

- Megacolon
- Pancreatic cyst(s)
- · Primary biliary cholangitis
- Sclerosing cholangitis
- Unintentional weight loss
- · Whipple disease
- · Wilson's disease

Crohn's Disease	6 months	No more than 2 surgical treatments; colonoscopy completed within the past 3 years	
Gastric Bypass or Other Weight Loss Procedure	6 months	Current BMI within product limits	
Hepatitis B	12 months	Liver biopsy is normal (if completed); no more that minimal liver fibrosis; normal liver function tests; recommended treatment completed	
Hepatitis C	12 months	Recommended treatment completed; liver biopsy normal (if completed); normal liver function tests; no more than minimal liver fibrosis	
Pancreatitis	12 months	Acute and single episode only	
Ulcerative Colitis	6 months	No more than 2 surgical treatments; colonoscopy completed within the past 3 years	

Musculoskeletal

- Chondrodysplasia
- · Ehlers-Danlos syndrome
- Marfan syndrome
- · McArdle disease
- · Mitochondrial myopathies
- Muscular dystrophy
- Osteomalacia
- · Relapsing polychondritis
- · Spinal muscular atrophy

Condition	Guidelines for Consideration		
Amputation	No amputation due to an underlying medical disorder, such as diabetes or severe peripheral artery disease (PAD)		
Falls	No more than 1 fall in the past 2 years; no gait or balance disorders		
Fractures	No more than 1 fracture related to an underlying disease; fully recovered		
Multiple Joint Replacements	Must be fully recovered without limitations or continuing physical therapy ⁶		
Osteoarthritis	No opioid use; no daily steroid therapy		
Osteopenia and Osteoporosis	T-score of 3.4 or less; BMI of 20 or greater; no gait or balance disorders; no more than 1 fracture; no tobacco use		

Proposed insureds ages 70 and older, individuals who have a BMI greater than 37, and/or those who use tobacco may not have the same recovery capabilities and will be individually considered.

Psychiatric

Uninsurable conditions:

- Any condition associated with drug/alcohol abuse
- Any psychiatric condition associated with criminal activity or resulting in the inability to maintain employment
- Hospitalization within the past 5 years
- Paraphilia/psychosexual disorders
- Psychosis
- Schizophrenia

- Self-harm (e.g., cutting)
- · Suicide attempt(s) or ideation

Conditions that require treatment with more than 2 medications, deep brain stimulation (DBS), electroconvulsive therapy (ECT), magnetic seizure therapy (MST), or vagus nerve stimulation (VNS) will not be insurable.

Condition	Minimum Waiting Period	Guidelines for Consideration
Alcohol Abuse or Overuse	5 years	No current use of alcohol
Bipolar Disorder	12 months	No hospitalizations; compliant with all recommended treatments
Depression and/or Anxiety		2 or fewer medications; no thoughts of suicide
Drug Abuse (illicit or prescription) Without Treatment	10 years	No concurrent psychiatric or mental health conditions; no current use of drugs
Drug Abuse (illicit or prescription) With Treatment	5 years	No current use of drugs
Eating Disorder	5 years	Weight is stable; current BMI within product limits

Renal and Genitourinary Disease

Uninsurable conditions:

- · Alport syndrome
- Any condition treated with dialysis
- Chronic glomerulonephritis
- Stage 3 or higher chronic kidney disease
- · Kidney or bladder transplant
- Medullary cystic kidney
- Nephropathy
- Nephrosclerosis
- · Nephrotic syndrome
- Neurogenic bladder

- · Polycystic kidney disease
- Renal failure

Condition Guidelines for Consideration

Chronic Kidney Disease	Stage 1 or 2 only; no diabetes; blood pressure well controlled; no tobacco use		
Glomerulonephritis	Acute, thin basement, or minimal change disease only; no current immunosuppressive medication or steroids; normal renal function; blood pressure must be well controlled		
Interstitial Cystitis	Mild only		
Medullary Sponge Kidney	Asymptomatic; normal renal function		
Urinary Incontinence	No catheter use		

Respiratory

Uninsurable conditions:

- Alpha-1 antitrypsin (AAT) deficiency
- Any condition requiring daily steroid use or supplemental oxygen
- Any respiratory condition with tobacco use
- Asbestosis
- Central sleep apnea
- Chronic obstructive pulmonary disease (COPD)
- · Cystic fibrosis
- Cystic lung disease
- Emphysema

- · Eosinophilic disease
- Interstitial lung disease
- · Lung transplant
- Pulmonary fibrosis
- Shortness of breath/dyspnea that limits the proposed insured's six activities of daily living

Condition **Minimum Waiting Period Guidelines for Consideration** No hospitalizations for asthma in the past 2 years **Asthma Pulmonary Nodules** 12 months No history of tobacco use; all recommended follow-up demonstrates stability and has been completed **Sarcoidosis** 2 years No organ involvement other than lung; no current treatment; no significant residual lung damage Mild or moderate only; no current symptoms; Sleep Apnea compliant with treatment; no central sleep apnea

Common Pending and Recent Surgeries

The following surgical procedures are commonly seen in the Brighthouse SmartCare applicant pool; however, this list is not comprehensive. Spectra should be utilized to evaluate any surgical procedures not listed below.

Proposed insureds ages 70 and older, individuals who have a BMI greater than 37, and/or those who use tobacco may not have the same recovery capabilities. Proposed insureds with these presentations may be postponed for periods longer than those as noted below.

Generally acceptable without a waiting period

- Blepharoplasty (eyelid)
- Breast reduction or augmentation
- Dupuytren contracture
- Facial plastic surgery (e.g., browlift, facelift)
- Hemorrhoidectomy
- Unilateral cataract
- Unilateral corneal transplantation
- · Varicose vein stripping

There is no specific period of time required for reconsideration, but the procedure must be complete and the proposed insured must be fully recovered

- Bunionectomy or hammer toe surgery
- Cholecystectomy (gallbladder)
- Hysterectomy (benign)
- Knee surgery other than replacement (e.g., ACL, meniscus)
- · Morton neuroma

- Rotator cuff repair
- TURP (benign prostate enlargement only)

Postpone from the date of the procedure as noted below with full recovery

6 months from procedure date:

- Ablation
- Bilateral carpal tunnel
- Bilateral cataract or corneal transplantation
- Bladder surgery (e.g., sling, suspension, tuck)

12 months from procedure date:

- CABG/bypass
- Mitral valve repair
- · Shoulder replacement

- Cardiac stent(s)
- Elbow or wrist replacement
- Gastric bypass surgery
- Hip replacement
- Knee replacement
- Pacemaker
- Spinal surgery (e.g., back, cervical, neck)

- PIP (finger joint) replacement or other hand reconstruction
- Retinal surgery
- Ulnar tunnel release

Uninsurable Medications List

This is not a comprehensive list. Medications may only represent the brand name prescription. If you are using a generic, please verify the brand name.

Autoimmune and	Atgam	Demerol	Namzaric
Rheumatological	Busulfan (Busulfex)	Donepezil	Natalizumab
Acthar	Hydrea	Dostinex	Nucynta (Tapentadol)
Arava	Jakafi (Ruxolitinib)	Duragesic (Fentanyl)	Ocrevus
Azathioprine	Nplate	Duramorph (Morphine)	Onsolis (Fentanyl)
Benlysta (Belimumab)	Procrit	Ebixa (Memantine)	OxyContin, Oxycodone
CellCept	Promacta	Eldepryl	(all brands)
Cortef	Brain and Neurological	Entacapone	Plegridy
Decadron	Aduhelm (Aducanumab)	Exalgo	Razadyne
Deltasone	Akineton (Biperiden)	Exelon (Rivastigmine)	(Galantamine)
Gammagard	Apokyn (Apomorphine)	Fentanyl (Fentora)	Rexulti
Kineret (Anakinra)	Aricept	Gilenya	Rivastigmine
Mestinon	Artane (Trihexyphenidyl)	Hydergine	Rytary
Regonol	Aubagio (Teriflunomide)	Hysingla (Hydrocodone)	Sinemet
Saphnelo (Anifrolumab)	Avinza	Kadian (Morphine)	Stalevo
Tavneos	Avonex	Kemadrin	Symmetrel
TimeSpan	Azilect	Lecanemab	(Amantadine)
Tocilizumab	Betaferon	Lemtrada	Tacrine
Ustekinumab	Betaseron	Levodopa	Tolcapone
Blood	Carbidopa	Levorphanol	Tysabri
Agrylin (Anagrelide)	Copazone, Glatopa	Mitoxantrone	Zelapar
Anadrol 50	(Glatiramer)	Morphine (all types)	
(Oxymetholone)	Dantrium	Namenda (Memantine)	
		ivamenua (iviemantine)	

Cancer	Tamoxifen	Gastrointestinal	Prolixin
Arimidex	Thioplex	Baraclude (Entecavir)	Revia, Vivitrol
Bicnu (Carmustine)	Toposar	Copegus (Ribavirin)	(Naltrexone)
Blenoxane	Trelstar	Creon	Risperdal
Casodex (Bicalutamide)	Verzenio	Extavia	Risperidone
Ceenu (Lomustine)	Xeloda	Harvoni	Saphris
Cerubidine	Zanosar	Hepsera	Serentil
Cytoxan	Cardiovascular	Incivo, Incivek	Solian
Doxil	Aggrenox	(Telaprevir)	Suboxone, Subutex
Doxorubicin	Digoxin	Interferon (all types)	Thioridazine
Eligard	Hydralazine	Pegasys	Trilafon
Faslodex	lloprost	Pegintron	Vesprin
Gleevec	Inocor (Inamrinone)	Rebetron	Zubsolv (Naloxone)
Herceptin	Inspra	Simponi	Zyprexa
Hydrea	Isosorbide	Sovaldi	Renal
IFEX	Metalyse	Syprine	Agrylin (Anagrelide)
Intron	Nexterone	Tyzeka	Anadrol 50
Leukeran	(Amiodarone)	Ursodiol	(Oxymetholone)
Leukine	Nitropress	Musculoskeletal	Atgam
Lupron	Nitrostat	Spinraza	Busulfan (Busulfex)
Lysodren	Ranexa	Psychiatric	Hydrea
Matulane	Tambocor	Antabuse (Disulfiram)	Jakafi (Ruxolitinib)
Megace	Treprostinil	Aristada (Aripiprazole)	Nplate
Mitomycin	Diabetes	Buprenex	Procrit
Myleran	Apidra	Campral (Acamprosate)	Promacta
Nilandron	Humulin	Clozaril (Clozapine)	Respiratory
Nipent	lletin	Fanapt	Esbriet
Novantrone	Invokana	Geodon	Fasenra
Platinol	Kerendia (Finerenone)	Haldol	Nucala
Plenaxis	Lantus	Invega	OFEV (Nintedanib)
Procrit	Levemir	Loxapine	Prednisone
Purinethol	Novolog	Methadone	
Rituxan	Tresiba	Moban (Molindone)	
Roferon		Permitil	

Smoker Classification Guidelines

Nicotine use can potentially impact multiple organ systems and is associated with elevated risks of mortality and morbidity. Therefore, proposed insureds who qualify under smoker rates will be uninsurable if they also have medical conditions such as bladder or renal cancer, chronic kidney disease, coronary artery disease, diabetes, osteoporosis, respiratory disorders, significant vascular disease, or TIA.

Usage Within the Past 12 Months	Smoker	Nonsmoker ⁷	
Any tobacco or nicotine product used for smoker cessation	~		
Chantix (current use)	✓		
Cigarette	✓		
Cigars	If more than 12 per year	If less than or equal to 12 per year	
e-Cigarette/vaping (any substance)			
Hookah	✓		
Nicotine substitutes (e.g., gum, inhalers/sprays, lozenges, patches)	~		
Pipe			
Positive cotinine on labs	✓		
Smokeless tobacco (e.g., chew, dip, snuff)			

The nonsmoker criteria assumes that the proposed insured has not used any product that qualifies for tobacco/smoker rates in the past 12 months and that the proposed insured has not tested positive for nicotine or a nicotine metabolite in the past 12 months.

Height and Weight Guide

Use the following table to determine if the proposed insured may qualify for coverage. The weights shown represent the minimum and maximum allowable weight for each height.

Height	Acce	ptable	Weight	(lbs.)	
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neight	Acceptable Weight (ibs.)
4' 8"	77 – 183
4' 9"	79 – 189
4' 10"	82 – 196
4' 11"	85 – 203
5' 0"	88 – 210
5' 1"	91 – 217
5' 2"	94 – 224
5' 3"	97 – 231
5' 4"	100 – 239
5' 5"	103 – 246
5' 6"	106 – 254
5' 7"	109 – 262
5' 8"	113 – 269

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5' 9"	116 – 277
5' 10"	119 – 286
5' 11"	123 – 294
6' 0"	126 – 302
6' 1"	130 – 311
6' 2"	133 – 319
6' 3"	137 – 328
6' 4"	141 – 337
6' 5"	144 – 346
6' 6"	148 – 355
6' 7"	152 – 364
6' 8"	156 – 373
6' 9"	160 – 383

Contact the Office of the Chief Underwriter at **officeofthechief@brighthousefinancial.com** for questions regarding:

- A proposed insured who has or is participating in a clinical trial (state variations apply)
- A proposed insured who provides remote medical history, such as a history of cancer from several decades prior to the application
- Medical conditions or prescribed medication not identified in Spectra or within this guide
- · Guidance for residents of states with regulations relating to HIV
- Guidance for a proposed insured who is currently undergoing or who has recently completed genetic testing (state variations apply)
- A proposed insured who has previously been declined for long-term care coverage

Brighthouse SmartCare is a life insurance policy that accelerates the death benefit for qualified long-term care services and is not a health insurance policy providing long-term care insurance subject to the minimum requirements of New York Law, does not qualify for the New York State Partnership for Long-Term Care Program, and is not a Medicare supplement policy.

Brighthouse SmartCare® is an indexed universal life insurance policy with long-term care riders issued by, and product guarantees are solely the responsibility of, Brighthouse Life Insurance Company, Charlotte, NC 28277 and, in New York only, by Brighthouse Life Insurance Company of NY, New York, NY 10017 ("Brighthouse Financial"). All guarantees, including any optional benefits, are subject to the claims-paying ability and financial strength of the issuing insurance company. Each issuing insurance company is solely responsible for its own financial condition and contractual obligations. Brighthouse SmartCare has exclusions, limitations, reduction of benefits, and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, please contact a financial professional. May not be available in all states or firms.

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